

## عنوان مقاله:

The Effect of Social advising on Veteran's family

## محل انتشار:

اولین همایش علمی جانباز و خانواده (سال: 1382)

تعداد صفحات اصل مقاله: 2

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## خلاصه مقاله:

War has always been a serious subject and distorted public health in a society. No factors can cause so much stress and tension as war does. And one of its consequences is to cause physical and mental traumas for the people of the society. Any individual lives in a base called family. This affects the family a lot. The more the level of social health of the society is higher, the more positive the relations of its members will be. A question comes up here that if there is a disabled member\_who is the bread winner and in charge of the family\_, can it influence on other members of that family specially his wife and children? One of the conditions which can put people under an increasing pressure is the time through which one of the members has got a kind of disorder or disease. In this case not only the afflicted person undergoes anguish and suffering, but also the other members of that family face a crisis differently. The Janbaz's (a person who voluntarily takes part in war to defend his religious and national aims and is injured permanently) mental conflicts start since he participates in war until the last moment of his life. The results of these observations show that almost all of the injured Janbaz people still suffer from psychological disorders though many years have passed since the early crisis. Conveying these unsettled crises to their children and its continuation to next generations can be a warning on a great danger. Offering advisory services to these Janbaz people can prepare them and their family to confront with different crises. It is the advisor's responsibility to help them to try to create a balance between the existing stress and adaptability mechanism. Holding advisory sessions for the afflicted people so that they can express their emotions and feelings, arranging proper conditions to train their families so as to accept their patients and also attracting their family members' collaborations are proper useful activities. Holding therapeutic advisory sessions for the people and their families is very important. These families confront difficulties to do their basic duties while having a disabled member who can not perform his duties. The members of these families and specially the disabled have a weak view of themselves. Thus the advisor should try to encourage the members of these families to have correct behaviors towards themselves and the disabled, as well so that they can accept more responsibilities and flexibility towards the people. They can admit the authority of the disabled indirectly mentioning ... the motivation

## کلمات کلیدی:

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