The analysis of personality features, coping strategies and stress relations in drug addicts

The purpose of this study is the analysis of the relation between personality features with coping strategies against the mental disorders and stress in drug addicts in Kahnuj city. Personality features include five factors: extroversion, mental disorders, solution, agreement and consciousness. Coping strategy mentioned in this study is dealing with excitement and it is avoidable. The questionnaire was given to 120 drug addicts who voluntarily looked up to clinic. In order to collect the data 2 types of questionnaire were used: Neo questionnaire, and Endler & Parker questionnaire. The collected data was analyzed according to descriptive, correlation and Regression procedures. Conclusion illustrated that drug addicts use the coping strategy of excitement more and instead of dealing with problem that the purpose is to eradicate the problem, they use coping strategy of excitement. In this coping strategy person tries to control the excitement results, does not consider solving the problem, and does not use matter strategies a lot. Regarding the aspect of mental disorders, drug addicts have high scores and due to wrong evaluation, these persons are usually disturbed, worried, depressed and affected by feelings and excitements. They act according to important people's expectation or decision and affected by their environmental condition.

کلمات کلیدی:
personality, addiction, coping strategy, stress relations, drug addicts,

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