Effect of honey and yogurt on vaginitis candidiasis: A Systematic Review and Meta-analysis of Clinical Trials

Introduction: Vulvovaginal candidiasis (VVC) is one of the most common gynecologic problems among women. This systematic review and meta-analysis aimed to assess the effect of honey and yogurt on vaginitis candidiasis.

Methods: This study is a systematic review and meta-analysis. A literature search was done in databases SID, Magiran, IranDoc, Google Scholar, Scopus, PubMed, ISI Web of science and Cochrane databases using keywords of Candidiasis OR Vulvovaginal candidiasis OR Candida OR candida OR Vaginitis OR Candida albicans AND (honey OR Bee-honey) AND yogurt AND (clotrimazole OR Antifungal agents OR Azole) AND (Randomized Clinical Trials) and their Persian equivalent. Data was analyzed by Stata software. Heterogeneity was assessed by chi-square and I² index -and the random effects models was applied to pool data and perform meta analysis.

Results: The results of the meta-analysis revealed that honey and yogurt has a positive effect on Clinical cure rate of vaginitis candidiasis (RR: 1.20; 95% CI: 1.00-1.43; P<0.05). Conclusion: The present study showed that the honey and yogurt can be used as an alternative treatment in the treatment of vaginitis candidiasis.

Keywords: Honey, Yogurt, Vaginitis candidiasis, A Systematic Review, Meta-analysis

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این صفحه به محتوای تاییدیه نمایه سازی مقاله در پایگاه استنادی سیویلیکا می‌باشد. در هر لحظه به منظور تایید اصلی این گواهی می‌توانید وضعیت نتیجه را از طریق لینک فوق به صورت آنلاین کنترل نمایید.